Functioning of the Proopiomelanocortin (POMC) Derived Hormones: Melanocyte Stimulating Hormones and Adrenocorticotropic Hormone in Birds

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	In birds, proopiomelanocortin (POMC) is processed to the following biologically active peptides: adrenocortical hormone (ACTH), β -endorphin, α -melanocyte stimulating hormone (MSH), β -MSH, γ -MSH (γ_1 -MSH, γ_2 -MSH and γ_3 -MSH). While ACTH, α -MSH and β -endorphin are present in all birds, β -MSH, γ 1-MSH, γ 2-MSH and γ_3 -MSH are present in most but not all avian species. Moreover, there is close homology between the structures across aves. This argues for importance of these peptides in birds. With the exception of β -endorphin, these peptides bind to melanocortin receptors (MCR) with five such receptors identified in one avian species, namely, MC1R, MC2R, MC3R, MC4R and MC5R. There are multiple questions on the POMC peptides and their receptors that warrant investigation in birds, particularly what are the physiological significance of the multiple forms of MSH?						
	Key words: Aves, ACTH, MSH, hormones expr	ression.					
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Proopiomelanocortin (POMC) is a glycoprotein that contains multiple cryptic biologically active peptides namely the following: adrenocortical hormone (ACTH), β -endorphin, α -melanocyte stimulating hormone (MSH), β -MSH and γ -MSH. The POMC is present in across the vertebrates (e.g. lampreys: TAKAHASHI *et al.* 1995; DORES *et al.* 2014) together with invertebrates (e.g. OTTAVIANI *et al.* 1995). It was concluded that POMC was present prior to the split of protostomian and deuterostomian lineages (MALAGOLI *et al.* 2011). The present communication addresses POMC in birds.

Cleavage of double basic (KK, RR, KR or RK) amino-acid residue couplets in POMC by prohormone convertases (PC) 1/3 and 2 generates these peptides (reviewed e.g. DORES *et al.* 2016; LOWRY 2016) (for schematic representation of this – see Fig. 1A). POMC is considered as highly conserved across the vertebrates (DORES *et al.* 2016). With the exception of β -endorphin, the POMC peptides act by binding to melanocortin receptors (MCR). The questions addressed are whether these systems apply to POMC in birds.

Evolutionary and Structural Aspects of POMC

The sequences of POMC has been deduced for multiple avian species (see Fig. 5 for partial list). Based on the presence of double basic amino-acid couplets, the processing and resultant peptides can be discerned. In birds, POMC can be processed following the conventional model (Figure 1 model A) but also in some species by either of two other schemes (Fig. 1 models B and C). All avian POMC reported contain at least two cryptic peptides, β -endorphin and ACTH; the latter containing the amino-acid residue sequence for α -MSH (NAUDE *et al.* 2006; TAKAHASHI and MIZUSAWA 2013). In addition, there may be β -MSH, γ_3 -MSH, γ_2 -MSH and γ_1 -MSH (for schemas for processing of γ_3 -MSH – see Fig. 2).

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Fig. 1. Conceptual view of the processing of proopiomelanocortin (POMC) in birds to adrenocorticotropic hormone (ACTH) and melanocyte stimulating hormone (MSH). Green - MSH, red - basic amino-acid residue couplet – cleavage site for PC, purple – β -endorphin, blue – N terminal peptide, K – lysine, R – arginine residues. Model A. POMC is processed to generate the following: ACTH, a putative hormone, β -lipotropic hormone (LPH) and γ -MSH. β -LPH is further processed to β -MSH and β -endorphin. ACTH is further processed to α -MSH. Note α -MSH is acetylated (N terminal) and amidated (C terminal). Model B. POMC is processed to generate the following: ACTH, a precursor to β -endorphin and γ -MSH. The precursor to β -endorphin is cleaved to generate β -endorphin. ACTH is further processed to α -MSH. Note α -MSH is acetylated (N terminal) and amidated (C terminal). K – lysine, R – arginine residues. Model C. POMC is processed to generate the following: 1. ACTH and 2. a putative hormone, β -lipotropic hormone (LPH). β -LPH is further processed to β -MSH and β -endorphin. ACTH is further processed to α -MSH. Note α -MSH is acetylated (N terminal) and amidated (C terminal). K - lysine, R - arginine residues.



Fig. 2. Processing of avian pro-opiomelanocortin to γ_3 -MSH, γ_2 -MSH and γ_1 -MSH. Green – γ -MSH, R-arginine amino-acid residues, K – lysine amino-acid residues, RK or RR or KR – basic amino-acid residue couplet – cleavage site for PC, blue – N terminal peptide, X – unspecified amino-acid residues, F – phenylalanine, G – glycine, H – histidine, M – methionine, N – asparagine, NH2 – amide, R – arginine, V – valine, W – tryptophan, Y – tyrosine.

α-MSH

 α -MSH is found in all birds examined (Table 1). The structure of α -MSH, a 14 amino-acid residue containing peptide, is identical across the archosaurs (birds and crocodilians) (Fig. 3). These are likely indicative of its importance of α -MSH to the physiology of archosaurs. Moreover, it is assumed to reflect the rigid requirements for effective binding of α -MSH to MCRs.

β-MSH

Avian β -MSH is an 18 amino-acid residue peptide. It is found in representatives of multiple avian taxa together with the other archosaurs, the Crocodilia (Table 1; Fig. 3). The structure of β -MSH exhibits differences between the crocodilians and birds (Table 1; Fig. 3). However, the requisite with double basic amino-acids residues are missing in some birds and hence so is β -MSH (Table 1). Following loss of cleavage sites, there will be rapid losses of the integrity of the β -MSH sequence.

The β -MSH sequences do not appear to be present in the chimney swift (order Apodiformes), lesser kestrel (order Falconiformes), kakapo and kea (order Psittaciformes) and all oscine passerine birds (excluding white-ruffed manakin) (Table 1). It is not readily apparent what are the reason(s) for the losses of β -MSH in some but not other avian species. It should be noted that once lost, the MSH sequence will tend to be corrupted and, therefore, not recoverable. In the absence of the requisite double basic amino-acids residues, POMC will be processed as in the schema shown in Figure 1B. There are markedly more differences in amino-acid sequences in archosaur β -MSH than α -MSH (Figs 2, 3).

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Table 1

Presence of α -MSH, β -MSH and γ -MSH in Archosaurs (Crocodilia and Aves)

	α-MSH	β-MSH	γ-MSH	ACTH
CROCODILIA	_			
Australian water crocodile	1	1	1	✓
Chinese alligator	✓			✓ <i>✓</i>
AVES				
Paleognathae		1		
Emu				
KlWl Noognathao	v	✓	✓	✓
Galloanserae				
Anseriformes				
Mute swan	1			 ✓
Mallard	1	✓ ✓	1	1
Ruddy duck	1	1	1	1
Tufted duck	1	Х	1	✓
Galliformes		1	1	1
Chicken	✓ <i>✓</i>	1	1	✓ <i>✓</i>
Japanese quail	✓	✓	✓ <i>✓</i>	✓ <i>✓</i>
Turkey				
Guinea fowl				\checkmark
Neoaves				
Columbiformes		(1	1
<u>Pigeon</u> Mositornithiformos	V	✓	✓	✓
Brown roatelo	./	Y	Y	
Canrimulgiformes	v	Λ	Λ	v
Chuck-will's-widow	1	1		1
Apodiformes	•	, , , , , , , , , , , , , , , , , , ,	•	•
Chimney swift	✓	Х	✓	✓
Charadriiformes				1
Killdear	\checkmark	X	✓	✓
Ruff	✓	1	1	✓ ✓
Water birds				
Pelecaniformes				
Little egret			X	
Dalmation pelican				
Crested 1bis	✓	✓	✓	✓
Emperer ponquin	1		v	1
Land hirds	V	v	Λ	V
Accinitriformes				
Golden eagle				1
Strigiformes	1 -			
Barn owl	1	1	1	1
Burrowing owl	✓	✓	1	✓
Falconiformes		1	1	1
Lesser kestrel	✓	Х	1	\checkmark
Psittaciformes	-	1	1 -	-
Kakapo		X		
Kea	✓ <i>✓</i>	X		✓ <i>✓</i>
Passeriformes				
Acantnisittae	1	1		1
Anicillali Other Desseriformes	✓	✓	✓	✓
White-ruffed manakin	./	./	/ +	
New Caledonian crow		X		
Common starling		X	1	
Swainson's thrush	✓ ✓	X	✓+	<i>✓</i>
Common canary	✓ ✓	X		
Eurasian tree sparrow	✓	X	✓0	1
Small tree finch	1	Х	1	✓
White-rumped snowfinch	✓	X	✓+	✓ ✓
Zebra finch		X	✓+	
Great tit	✓	√ 0	√ 0	✓ ✓
Brown-headed Cowbird	\checkmark	Х	✓+	\checkmark

 \checkmark – Cleavage sites and peptide sequence, X – one or both cleavage site missing, O – peptide markedly different without an active site, + elongated peptide.

-HPSC

AGSSYRMRHF AGSSYRMRHF AGSSYRMRHF

SH	
SYSMEHFRWGKPVG	Australian saltwater crocodile
SYSMEHFRWGKPVG	Chinese Alligator
SYSMEHFRWGKPVG	Emu
SYSMEHFRWGKPVG	Kiwi
SYSMEHFRWGKPVG	Mallard
SYSMEHFRWGKPVG	Chicken
SYSMEHFRWGKPVG	Rock pigeon
SYSMEHFRWGKPVG	Golden eagle
SYSMEHFRWGKPVG	Common starling
SH	_
<mark>a</mark> ykmrhfrw <mark>n</mark> ap <mark>al</mark> i	Australian saltwater crocodile
<mark>a</mark> ykmrhfrw <mark>n</mark> tp <mark>al</mark> i	Chinese Alligator
SYRMSHFRW <mark>Q</mark> APLKI	Emu
	SH SYSMEHFRWGKPVG SYSMEHFRWGKPVG SYSMEHFRWGKPVG SYSMEHFRWGKPVG SYSMEHFRWGKPVG SYSMEHFRWGKPVG SYSMEHFRWGKPVG SYSMEHFRWGKPVG SYSMEHFRWGKPVG SH AYKMRHFRWNAPALI SYRMSHFRWQAPLKI

W <mark>N</mark> TP <mark>AL</mark> D	Chinese Alligator
.W <mark>Q</mark> APLKD	Emu
W <mark>r</mark> aplkd	Kiwi
WHAPLKD	Mallard
WHAPLKD	Chicken
WHAPLKD	Rock pigeon
WH <mark>G</mark> PLKD	Ruff
.W <mark>Q</mark> AP <mark>V</mark> KD	Crested ibis
WHAPLKD	Dalmatian pelican
WHAPLKD	Little egret
WHAPLKD	Emperor penguin
WHAPLKD	Golden eagle
WHAPLKD	Barn owl
WHAPLKD	Burrowing owl
WH <mark>M</mark> PLKD	Rifleman

Fig. 3. Examples of the structures of α -MSH, β -MSH in birds with crocodilians for comparison. Red letters indicate difference from ancestral β -MSH (and that in mallards and chickens) (for accession numbers see Figure 5, Table 5), Pink background and black letters – α -MSH, blue background and white lettering – β -MSH

There are differences between β -MSH in many species of owls with β -MSH having the following sequence AGGSYRMRHFRWHAPLKD but AGGSHRVRPFRWHAPLKD in barn owls (LÖW *et al.* 2020). There are also shifts in the biological activities of β -MSH with MC3R and MC4 (LÖW *et al.* 2020).

γ-MSH

While the structures of avian γ -MSH have been established in multiple birds (Table 1), there is no information on the potencies of γ_2 -MSH and γ_3 -MSH relative to avian MCRs. γ_3 -MSH is found in representatives of multiple avian taxa together with the other archosaurs, the Crocodilia (Table 1). Figure 4 summarizes the structures of γ_3 -MSH and γ_2 -MSH in birds while Figure 2 shows the three possible schema of processing of POMC to generate γ_3 -MSH and subsequently γ_2 -MSH and then γ_1 -MSH.

While γ_3 -MSH is 18 amino-acid residues peptide in mammals, γ_3 -MSH varies in size in birds and crocodilian from 20 to 28 amino-acid residues (Fig. 4).

YVMSHFRWNKFGRRNSSGSVGH Australian saltwater crocodile
YVMSHFRWNKFGRRNSSSSVGH Chinese Alligator
YVMSHFRWNKFG <mark>RR</mark> NSSSGGG Emu
YVMSHFRWNKFG <mark>rr</mark> nsssgggg Kiwi
YVMSHFRWNKFGRGGSNSSGGSG Chilean tinamou
YVMSHFRWNKFG <mark>RR</mark> NSSSGH Mute swan
YVMSHFRWNKFG <mark>RR</mark> NSSSGGH Chicken
YVMSHFRWNKFGRRNSSSGG Rock pigeon
YVMSHFRWNKFG <mark>RR</mark> NSSSGGH Chimney swift
YVMSHFRWNKFGRRNSSSGGGH Common cuckoo
yvmshfrwnkfg <mark>rr</mark> nsssgggggggggg Ruff
YVMSHFRWNKFG <mark>RR</mark> NSSSGGGGH Crest ibis
YVMSHFRWNKFGRRNSSSGGGGH Bald eagle
YVMSHFRWNKFG <mark>RR</mark> NSSSGEH Saker falcon
YVMSHFRWNKFGRRNSSSGGGGGH Burrowing owl
YVMSHFRWNKFG <mark>RR</mark> NSSSGGGH Kea
YVMSHFRWNKFG <mark>RR</mark> NSSSVGQ Rifleman
YVMSHFRWNKFGNGNSSSGS White-ruffed manakin
YVMSHFRWNKFGKGNGNSSSGGSGGS Wire-tailed manakin
YVMSHFRWNKFGRAHGNSSSSGTS Saffron-crested tyrant-manakir
YVMSHFRWN <mark>Q</mark> FGRKNATEPG Brown-headed Cowbird
YVMSHFRWN <mark>Q</mark> FG <mark>RR</mark> NSSNPGMQ Large-billed crow
yvmshfrwn <mark>o</mark> fg <mark>rk</mark> ngsdagag Starling
YVMSHFRWDRFGRRNGSEPG Common canary
FRWsrQDASHPG Bengalese finch
YVMSHFRWN <mark>QFGRR</mark> NGSEPG Eurasian tree sparrow
YVMSHFRWN <mark>O</mark> FGRRNGSEPG White-rumped snowfinch
YVMSHFRWN <mark>OFGRK</mark> NGSDTGT Swainson's thrush
$\leftarrow \gamma_2 \text{ MSH } \rightarrow$

Fig. 4. Structures of avian γ_3 -MSH and γ_2 -MSH with comparison to crocodilian γ_3 -MSH and γ_2 -MSH. Black background indicates identical structures across aves for γ_2 -MSH, red background indicates cleavable bibasic couplet of amino-acids, red letters indicate difference within γ_2 -MSH (for accession numbers see Figure 5, Table 5).

The C terminal peptide is composed of asparagine at residue 15, a triplet of serine residues followed by a glycine or multiple glycine residues; the number ranging from one to nine (Fig. 4). Across the vast majority of avian and crocodilian species, there are dibasic cleavage sites at residues 13 and 14 (Fig. 4). Cleavage of this site, generates γ_2 -MSH (Fig. 2 and 4). In both mammals and birds, γ_2 -MSH is a 12 aminoacid residue containing peptide while γ_1 -MSH is an 11 amino-acid residue containing peptide (Fig. 4).

The overall γ_3 -MSH sequence and/or the cleavable basic amino-acid residue couplets are present in most avian species; being missing from only a few birds including the brown roatelo, emperor penguin and little egret (Table 1). The sequence for avian γ_2 -MSH are almost identical across avian and crocodilian species (Fig. 3). In some passerine birds, the cleavage site in γ_3 -MSH is not present and, hence, γ_1 -MSH and γ_2 -MSH cannot be generated (Fig. 4). It is unclear whether or not the elongated forms of γ -MSH in some passerine birds have retained the full biological acTable 2

Residues	in	ACTH	that	differ	in	different	taxonomic	groups	within	the	Archosauromorpha
(Crocodil	ia a	and Ave	s)					c			*

Taxanamia Graung	Position						
Taxononne Groups	28	35	37	Other			
ARCHOSAUROMORPHA		-					
CROCODILIA	Е	Y	L				
Aves							
Paleognathae	V	F	L	31-34			
Neognathae	·			·			
Galloanserae							
Anseriformes	D	Y	L	-			
Galliformes	D/E	Y	M/V	-			
Neoaves							
Columbiformes	Е	Y	М	-			
Mesitornithiformes	Е	Y	М	-			
Musophagiformes	Е	Y	М	-			
Cuculiformes	Е	Y	L	-			
Caprimulgiformes	Е	Y	L	-			
Apodiformes	Е	Y	L	21, 23, 30			
Opisthocomiformes	Е	Y	L	-			
Pterocliformes	Е	Y	L	-			
Charadriiformes	Е	Y	L	34			
Water birds							
Pelecaniformes	Е	Y	L	-			
Procellariformes	E	Y	L	-			
Sphenisciformes	E	Y	L	30			
Land birds	1						
Bucerotiformes	E	Y	L	20, 25			
Leptosomiformes	Е	Y	L	20			
Accipitriformes	E	Y	L	-			
Strigiformes	Е	Y	L	-			
Falconiformes	Е	Y	L	-			
Psittaciformes	Е	Y	L	31			
Passeriformes				-			
Acanthisittae	Е	Y	L	-			
Other Passeriformes	E/Q	P/Q/R	L/P	20, 27, 31, 34, 36 plus insertions			

tivities. The conservation of the presence of γ -MSH together with its identical sequence across avian orders supports the importance of γ -MSH in birds. What is unclear is the relative activities of γ_1 -MSH, γ_2 -MSH and γ_3 -MSH in birds.

The increases are in the number of serine repeats in γ -MSH in barn owls (LÖW *et al.* 2020). This has been demonstrated to influence PC cleavage and, thereby, the ratio of γ_3 -MSH to γ_2 -MSH (LÖW *et al.* 2020).

ACTH

The structures of ACTH across avian taxa together with crocodilian are shown in Fig. 5 A,B,C, Table 5. There are few differences in the sequences in Crocodilia and Neognathae except for oscine passerine birds (Table 2). Moreover, the sequences were identical in birds of the following orders: Cuculiformes, Caprimulgiformes, Opisthocomiformes, Pterocliformes, Charadriiformes, Pelecaniformes, Procellariformes, Accipitriformes, Strigiformes, Falconiformes and Sub-order Acanthisitta (order Passeriformes). However, there were multiple differences in the ACTH sequences in oscine passerine birds (Fig. 5, Table 2,5). Avian ACTH increases plasma concentrations of corticosterone (e.g. turkey: SCANES *et al.* 2020).

Ancestral sequences

The ancestral sequences of ACTH, α -MSH, β -MSH and γ -MSH in birds were deduced by comparison of the structures together with the slow rates of evolution in crocodilian and ratites and faster rates of evolution in passerines and chickens (GREEN *et al.* 2014) (Fig. 6). The HFRW motif is found in ACTH, α -MSH, β -MSH and γ -MSH (BARLOCK *et al.* 2014). It is reasonable to conclude that the motif is important to biological activity. In a series of elegant studies with alanine substitutions in human ACTH 1-24, the critical sequences for biological activity have been examined (BARLOCK *et al.* 2014). For instance, substitutions in the H⁶F⁷R⁸W⁹ and K¹⁵K¹⁶R¹⁷R¹⁸ motifs resulted in either total inactivity or greater than 100 fold loss of activity (BARLOCK *et al.* 2014).



Fig. 5. A. Comparison of the sequence of amino-acid residues in ACTH in Archosaurs including birds and crocodilian. Solid backgrounds indicates identical structures across clade for ACTH, different background colors indicate different clades, red letters indicate difference within ACTH (for numbers see Table 5).

For instance, there would suggest that they have been retained for almost 200 million years from the time of the last common ancestor of birds and crocodilians 240 million years ago (GREEN *et al.* 2014) to at least the divergence of the oscine passerine birds from the suboscines about 43 MYA (e.g. ERICSON *et al.* 2014; OLIVEROS *et al.* 2019) due to its physiological importance. There are incidences where the cleavage sites in POMC, essential to generate β - MSH or γ -MSH, are lost and/or β -MSH and γ -MSH motifs is corrupted or missing.

Prohormone convertase (PC)

POMC is processed by prohormone convertase (PC) 1/3 to generate ACTH and PC 2 to generate α -MSH, β -MSH and γ_3 -MSH (Figure 1) (LING *et al.* 2004).

There is high expression of PC1 in the pituitary gland, lungs, pancreas, brain, gizzard, spleen, bursa

Fabricius, adipose tissue, skeletal and muscle together with moderate to low expression in the heart and kidneys and no expression in the liver of chickens (LING *et al.* 2004). There is high expression of PC2 in the pituitary gland, heart, lungs, gizzard, pancreas, spleen, bursa Fabricius, kidneys, adipose tissue, skeletal muscle, liver and brain of chickens (LING *et al.* 2004).

Expression of POMC

While there is high expression of POMC in the pituitary gland, there is also POMC expression in other organs including the heart, lungs, gizzard, pancreas, spleen, bursa Fabricius, kidneys, adipose tissue, skeletal muscle and brain of chickens (LING *et al.* 2004). Moreover, POMC expression was not detected in the liver (LING *et al.* 2004).

Order Apodiformes	
SYSMEHFRWGKPVGRKRRPIKV <mark>F</mark> PNGVEE <mark>D</mark> SAESYPLEF	Anna's
hummingbird ²¹	
SYSMEHFRWGKPVGRKRRP <mark>V</mark> KVYPNGVEEESAESYPLEF	Chimney swift ²²
Order Opisthocomiformes	
SYSMEHFRWGKPVGRKRRPIKVYPNGVEEESAESYPLEF	Hoazin ²³
Order Pterocliformes	24
SYSMEHFRWGKPVGRKRRPIKVYPNGVEEESAESYPLEF	Sandgrouse ²⁴
Order Charaariiformes	25
SYSMEHFRWGKPVGRKRRPIKVYPNGVEEESAESYPLEF	Killdear ²⁵
SISMEHERWGRPVGRKRRPIRVIPNGVEEESAE <mark>N</mark> IPLEE "Water hirds"	Kull
Order Pelecaniformes	
SYSMEHERWGKPVGRKRRPIKVYPNGVEEESAESYPLEE	Crested ibis ²⁷
SYSMEHERWCKPVCRKRRPIKVYPNCVEEESAESYPLEE	Dalmatian pelican ²⁸
CYCMEUEDWCYDVCDYDDDIWVYDNCVEEECAECVDIEE	Little egret ²⁹
Order Precellariformes	Little egret
SYSMEHERWGKPVGRKRRPIKVYPNGVEEESAESYPLEE	Northern fulmar ³⁰
Order Sphenisciformes	
SYSMEHERWGKPVGRKRRPIKVYPNGVEEE	Emperor penguin ³¹
"Land hirds"	Emperor pengam
Order Bucerotiformes	
SYSMEHFRWGKPVGRKRRP <mark>V</mark> KVYP <mark>S</mark> GVEEESAESYPLEF	Rhinoceros
hornbill ³²	
Order Leptosomiformes	
SYSMEHFRWGKPVGRKRRP <mark>V</mark> KVYPNGVEEESAESYPLEF	Cuckoo roller ³³
Order Accipitriformes	
SYSMEHFRWGKPVGRKRRPIKVYPNGVEEESAESYPLEF	Golden eagle ³⁴
SYSMEHFRWGKPVGRKRRPIKVYPNGVEEESAESYPLEF	Bald eagle ³⁵
Order Strigiformes	
SYSMEHFRWGKPVGRKRRPIKVYPNGVEEESAESYPLEF	Burrowing owl ³⁶
SYSMEHFRWGKPVGRKRRPIKVYPNGVEEESAESYPLEF	Tawny owl ³⁷
SYSMEHFRWGKPVGRKRRPIKVYPNGVEEESAESYPLEF	Western barn owl ³⁸
Order Falconiformes	
SYSMEHFRWGKPVGRKRRPIKVYPNGVEEESAESYPLEF	Saker falcon ³⁹
SYSMEHFRWGKPVGRKRRPIKVYPNGVEEESAESYPLEF	Peregrine falcon ⁴⁰
Order Psittaciformes	
SYSMEHFRWGKPVGRKRRPIKVYPNGVEEE <mark>L</mark> AESYPLEF	Kea ⁴¹
SYSMEHFRWGKPVGRKRRPIKVYPNGVEEE <mark>L</mark> AESYPLEF	Kakapo ⁴²

Fig. 5. B. Comparison of the sequence of amino-acid residues in ACTH in Archosaurs including birds and crocodilian. Solid backgrounds indicates identical structures across clade for ACTH, different background colors indicate different clades, red letters indicate difference within ACTH (for numbers see Table 5).

There are shifts in POMC expression with physiological status in birds. For instance, incubating chickens exhibit marked decreases in feed consumption but no changes in POMC expression. If the comparison is made between incubating hens and pair fed birds, there is greater hypothalamic expression of POMC in incubating hens (DUNN *et al.* 2015).

Melanocortin Receptors

MCR are members of the superfamily of seventransmembrane domain containing G-protein-coupled receptors with intra- and extra- cellular loops. There is marked synteny for the receptors for most of the peptides generated from POMC except β -endorphin (SCHIÖTH *et al.* 2003). MSH acts *via* the following melanocortin receptors (MCR): MC1R to increase eumelanin synthesis in melanocytes and hence feather color (TAKEUCHI *et al.* 1996) and *via* MC4R to modulate feed intake (TAKEUCHI and TAKAHASHI 1999). It is suggested that MSH acts *via* MC3R controlling energy homeostasis and *via* MC5R to influence exocrine gland physiology (TAKEUCHI and TAKAHASHI 1999). Moreover, ACTH acts *via* MC2R, and possibly MC3R, to stimulate adrenal production of glucocorticoid (TAKEUCHI and TAKAHASHI 1998; TAKEUCHI *et al.* 1998; reviewed e.g. DORES *et al.* 2014).

In birds, there are five sub-types of the melanocortin receptor (MCR); respectively, MC1R, MC2R, MC3R, MC4R and MC5R. The structures of MCRs have been deduced from cDNA initially in chickens: MC1R



Fig. 5. C. Comparison of the sequence of amino-acid residues in ACTH in Archosaurs including birds and crocodilian. Solid background indicates identical structures across clade for ACTH, different background colors indicate different clades, red letters indicate difference within ACTH (for numbers see Table 5).



Fig. 6. Ancestral structures of α -MSH (yellow background), β -MSH (blue background), γ -MSH (green background) and ACTH (purple background) in birds. Red backgrounds indicate common amino-acid residues with HFRW common in α -MSH, β -MSH and γ -MSH and essentia.

(TAKEUCHI *et al.* 1996), MC2R (TAKEUCHI *et al.* 1998), MC3R (TAKEUCHI and TAKAHASHI 1999), MC4R and MC5R (TAKEUCHI and TAKAHASHI 1998). In addition, these structures of MCRs have been reported in multiple birds e.g. MC2R in the Mariana crow (*Corvus kubaryi*) (NCBI Reference Sequence: XM_042032180.1), zebra finch (*Taeniopygia guttata*) (NCBI Reference Sequence: XM_002190248.4), golden eagle (*Aquila chrysaetos*) (NCBI Reference Sequence: XM_030012110.1) and MC3R in Mariana crow (*Corvus kubaryi*) (NCBI Reference Sequence: XM_042045276.1).

The different chicken MCRs exhibit the ability to discriminate between α -MSH, β -MSH, γ -MSH and ACTH with the potencies based on Table 3 (LING *et al.* 2004; ZHANG *et al.* 2017) being the following:

$$\begin{split} MC1R: & \alpha\text{-}MSH = \beta\text{-}MSH > ACTH = \gamma_1\text{-}MSH \\ MC2R: & ACTH >>> & \alpha\text{-}MSH = \beta\text{-}MSH = \gamma1\text{-}MSH \\ MC3R: & \gamma_1\text{-}MSH > & \alpha\text{-}MSH = ACTH > \beta\text{-}MSH \\ MC4R: & & \alpha\text{-}MSH = \beta\text{-}MSH > ACTH >> & \gamma_1\text{-}MSH \\ MC5R: & & & \alpha\text{-}MSH = \beta\text{-}MSH > ACTH & \gamma_1\text{-}MSH. \end{split}$$

Table 3 Comparison of the potencies $(K_i \text{ as } nmol/l)^{\Delta}$ of MSH and ACTH for chicken

MCRs (data from LING et al. 2004)						
	MC1R	MC3R	MC4R	MC5R		
α-MSH	363	24	40.6	189		
β-MSH	346	151	50.2	166		
γ_1 -MSH	1039	3.4	586	654		

15.4

88

107

^{Δ}The lower the K_i, the greater the potency

806

ACTH

For example, ACTH stimulates production of cAMP from M3 cells transfected with chicken MC2R but α -MSH is ineffective (LING *et al.* 2004). There is evidence that γ_2 -MSH and γ_1 -MSH exert opposite effects in mammals (e.g. JANSONE *et al.* 2004). Unfortunately, there is no evidence for this effect in birds.

The distribution of MCR classes in organs of birds is summarized in Table 4. MC4R is the most widely distributed MCR while MC2R is only found in the adrenal gland.

	MC1R	MC2R	MC3R	MC4R	MC5R	MRAP1	MRAP2
Abdominal adipose tissue	0	0	0	++++	+	0	0
Adrenal gland	+	++	+	+	+++	++++	+
Duodenum	0	0	0	+++	+	0	0
Gizzard	0	0	0	+++	0	+	0
Heart	+++	0	0	+++	+	0	0
Hypothalamus	+	0	++	++++	++	0	+++
Kidneys	++	0	+++	+++	+	0	+
Liver	+/0	0	+/0	+/0	+++	0	++
Lungs	++++	0	+	+++	+++	+	0
Ovary	+	0	+	+	0	0	0
Pancreas	0	0	+	0	0	0	0
Pectoralis	+	0	0	+	0	0	0
Spleen	+	0	++	++++	0	+	0

Table 4

Expression of MCRs together with MRAP1 and 2 in different chicken tissues (based on data in REN *et al.* 2017; THOMAS *et al.* 2018)

Melanocortin receptor 1 (MC1R): Activation of MC1R by binding of MSH is followed by increased synthesis of the black or brown pigment, eumelanin (reviewed MUNDY 2005). Low MC1R activity (both receptor numbers and lack of MSH binding) is thought to generally lead to increased synthesis of red or yellow phaeomelanin (reviewed MUNDY 2005). There is a relationship between mutations/polymorphisms in MC1R and feather coloration (e.g. bananaquit: THERON *et al.* 2001; chicken: KERJE *et al.* 2003; YANG *et al.* 2019; guinea fowl: VIDAL *et al.* 2010; pigeon: GUERNSEY *et al.* 2013; RAN *et al.* 2016; swans: POINTER and MUNDY 2008).

Expression of MR1R is greatest in the melanocytes, lungs and heart (reviewed: MUNDY 2005; REN *et al.* 2017; THOMAS *et al.* 2018) (Table 3). A mutation in MC1R induces it to be constituently active and this is associated with the dominant allele (*E*) in chickens (TAKEUCHI *et al.* 1996). Agouti signaling protein (ASIP), formerly referred to as agouti or agouti protein, acts as an antagonist of MC1R.

Melanocortin receptor 2 (MC2R): ACTH stimulates the synthesis of glucocorticoids by adrenocortical cells. In the presence of melanocortin-2 accessory protein 1, ACTH but not α -MSH, induced CRE – luceriferase activity in a dose dependent manner in CHO cells transfected with both chicken MC2R and cMRAP1 (BARLOCK *et al.* 2014). MC2R appears to be only expressed in the adrenal gland (REN *et al.* 2017; THOMAS *et al.* 2018) (Table 3).

Melanocortin receptor 3 (MC3R): Agouti-related protein/Agouti-related transcript (AGRP/ART) is an endogenous antagonist of the MC3R (TAKEUCHI and TAKAHASHI 1999). Incubating chickens exhibit marked decreases in feed consumption but increases in the medial hypothalamic expression of agouti-related peptide (AgRP) (DUNN *et al.* 2015).

Melanocortin receptor 4 (MC4R): MC4R is predominantly expressed in the brain (reviewed: TAO 2010). As MC3R is not expressed in the brain of birds (TAKEUCHI and TAKAHASHI 1999), it is likely that the central nervous effects of MSH, including modulating feed intake, are mediated by MC4R (reviewed: TAO 2010).

Melanocortin receptor 5 (MC5R): Chicken MRAP1 potentiated the activity of ACTH on the chicken MC5R (DORES *et al.* 2020).

Melanocortin-receptor accessory proteins (MRAP)

In birds, melanocortin-receptor accessory proteins (MRAP) potentiate the activity of ACTH.

MRAP1 potentiates the ability of ACTH to stimulate CHO cells transfected with chicken MC2R or MC3R or MC4R or MC5R (BARLOCK *et al.* 2014; THOMAS *et al.* 2018). Moreover, in the presence of MRAP 2, there is increased induction CRE – luceriferase activity by ACTH but not α -MSH, in CHO cells transfected with both chicken MC2R and cMRAP1 (BARLOCK *et al.* 2014). Hepatic expression of MRAP1 increases with post-hatch growth/age and estradiol administration (REN *et al.* 2017).

Circulating concentrations of POMC fragments

There is little information on the circulating concentrations of POMC products in birds. Exceptions to this are the following:

 ACTH in young turkeys 16.4 pg/ml [3.61 pmol/l] (CARSIA and MCILROY 1998)

 $-\alpha$ -MSH in chickens 3.1 ng/ml [1.86 nmol/l] (SHIPP *et al.* 2017)

– α-MSH in ptarmigan 0.21-1.83 ng/ml [0.13-1.10 nmol/l] (HÖHN and BRAUN 1980).

Number	Species		Accession # or reference
1	American alligator	Alligator mississippiensis	NM_001287606
2	Australian saltwater crocodile	Crocodylus porosus	XM_019537236
3	Chinese alligator	Alligator sinensis	XM_006037658
4	Emu	Dromaius novaehollandiae	XM_019537236.1
5	Okarito kiwi	Apteryx rowi	XM_006037658.1
6	Ostrich	Struthio camelus	NAUDÉ <i>et al.</i> , 2006
7	Chilean tinamou	Nothoprocta perdicaria	XM 026041064.1
8	Domestic duck/mallard	Anas platyrhynchos	XM_013103743.2
9	Domestic goose	Anser cygnoides	XM_013184389.1
10	Mute swan	Cygnus olor	XM_040552292
11	Ruddy duck	Oxyura jamaicensis	XM_035322040.1
12	Chicken	Gallus gallus	NM_001031098.1
13	Helmeted guineafowl	Numida meleagris	XM_021391833.1
14	Japanese quail	Coturnix japonica	AB620013.1
15	Turkey	Meleagris gallopavo	XM_010708068.2
16	Pigeon	Columba livia	XM_021298522.1
17	Brown mesite	Mesitornis unicolor	XM_010179294.1
18	Red-crested turaco	Tauraco erythrolophus	XM 009985137.1
19	Common cuckoo	Cuculus canorus	XM 009563761.1
20	Chuck-will's-widow	Caprimulgus carolinensis	XM 010168282.1
21	Anna's hummingbird	Calvpte anna	XM 010168282.1
22	Chimney swift	Chaetura pelagica	XM 010168282.1
23	Hoazin	Opisthocomus hoazin	XM 009942707.1
24	Yellow-throated sandgrouse	Pterocles gutturalis	XM 010086922.1
25	Killdear	Charadrius vociferous	XM 009895447.1
26	Ruff	Calidris pugnax	XM 014937960.1
27	Crested ibis	Nipponia nippon	XM 009467389.1
28	Dalmatian pelican	Pelecanus crispus	XM 009480535.1
29	Little egret	Egretta garzetta	XM 009645266.1
30	Northern fulmar	Fulmarus glacialis	XM 009583159.1
31	Emperor penguin	Aptenodytes forsteri	XM 009283455.1
32	Rhinoceros hornbill	Buceros rhinoceros	XM 010086922.1
33	Cuckoo roller	Leptosomus discolor	XM 009951222.1
34	Golden eagle	Aquila chrysaetos	XM 011590841.1
35	Bald eagle	Haliaeetus leucocephalus	XM 010583178.1
36	Burrowing owl	Athene cunicularia	XM 026846196.1
37	Tawny owl	Strix aluco	KF201581.1
38	Western barn owl	Tyto alba	ID: 116964725
39	Saker falcon	Falco cherrug	XM 005443524.2
40	Peregrine falcon	Falco peregrinus	XM 005236654.2
41	Kea	Nestor notabilis	XM 010014655.1
42	Kakapo	Strigops habroptila	XM 030491047
43	Rifleman	Acanthisitta chloris	XM 009069630.1
44	Réunion grey white-eye	Zosterops borbonicus	XM 027708600.1
45	White-ruffed manakin	Corapipo altera	XM 027633636.1
46	Wire-tailed manakin	Pipra filicauda	XM 027750720.1
47	Saffron-crested tyrant-manakin	Neopelma chrvsocephalum	XM 027708600.1
48	Large-billed crow	Corvus macrorhvnchos	AB555653.1
49	Collared flycatcher	Ficedula albicollis	XM 005062757.1
50	Common starling	Sternus vulgaris	XM 014893977.1
51	Atlantic canary	Serinus canaria	XM 009100091.2
52	Bengal finch	Lonchura striata	XM 021543157.1
53	Zebra finch	Taeniopygia guttata	XM 002198019.3
54	Blue tit	Cvanistes caeruleus	M 023946233.1
55	Great tit	Parus major	XM 015643499.1

Pseudopodoces humilis

XM_005534199.1

Table 5List of Archosaur ACTHs with structures in Figure 5

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Ground tit

It is unclear whether circulating concentrations of α -MSH are in fact almost three orders of magnitude greater than those for ACTH or is this an artifact of there being limited available studies. What is also unclear is whether the few studies reflect accurate, precise and specific determinants of α -MSH and ACTH. What is needed is to determine α -MSH, and ACTH in different physiological states and multiple avian species.

MSH and feed intake

There is close similarity between the roles of melanocortin neuropeptides in the control of feeding (BOSWELL and DUNN 2015; CAO et al. 2020). There is growing evidence that MSH exerts an intrahypothalamic role inhibiting feed intake in birds (reviewed: SANEYASU et al. 2011; BUZALA and JANICKI 2016). This is likely to be due to α -MSH but roles for β -MSH and γ -MSH cannot be precluded. Central administration of α -MSH depressed feed intake in young chickens (SANEYASU et al. 2011; HONDA et al. 2012) and Japanese quail (LEAR et al. 2017). The effect of α-MSH is thought to be mediated via the melanocortin 4 receptor in view of the ability of melanocortin 4 receptor antagonists to block its effect (SANEYASU et al. 2011). Similarly, intracerebroventricular administration of β -MSH depressed food intake in chicks (KAMISOYAMA et al. 2009; SMITH et al. 2008); being effective in layer type chicks but not in broiler chicks (HONDA et al. 2012) and being ineffective in other studies (SANEYASU et al. 2011). In contrast, γ -MSH was effective in one study (SMITH *et al.* 2009) but not in other studies (HONDA et al. 2012). Both SHU9119 (general MCR antagonist) and MCL0020 (MC3R/MC4R antagonist) prevented the decrease in feed intake but not the increase in water intake following ICV administration of serotonin in broiler chickens (ZENDEHDEL et al. 2012). Intracerebroventricularly administration of α-MSH to chicks that had been fasted for 3 hours, increased expression of neuropeptide Y (NPY), oxytocin receptor and agouti-related peptide mRNAs in the arcuate nucleus but decreased expression of NPY receptor sub-type 1 in the paraventricular nucleus (DELP et al. 2017).

α -MSH and coloration

There are marked coloration in birds (e.g. MUNDY 2018; RASHID *et al.* 2020). Across vertebrates, MSH increases the amount of eumelanin (black/brown pigment) in the skin or skin structures (hair and feathers) acting via the MCR1 (LING *et al.* 2003). This is the case in birds. For instance, increases have been reported in eumelanin-based traits, namely eumelanic flank size and spotted bib, in red-legged partridges (*Alectoris rufa*) after the administration of α -MSH (GALVÁN and ALONSO-ALONSO 2009). Moreover, α -MSH stimulated dark coloration of feathers in ptarmigan (HÖHN and BRAUN 1980), the willow ptarmigan being a species that has seasonal differences in

feather coloration with dark feathers in the summer and white feathers in the winter (reviewed: ZINOVA *et al.* 2018). There are concomitant decreases in pheomelanin related traits (GALVÁN and ALONSO-ALONSO 2011). Constituent expression of MCR1 receptors influence feather color (LING *et al.* 2003).

Parenthetically, the proportion of pheomelanic plumage is inversely related to brain size in birds (GALVÁN and ALONSO-ALONSO 2011). Moreover, birds with high pheomelanin have a propensity for cataracts (GALVÁN *et al.* 2012).

MSH and immune functioning

There is evidence that MSH and MCR are involved in the avian immune system. There is expression of both POMC together with both PC1/3 and PC2 in the bursa Fabricius of the chicken (LING *et al.* 2004). Similarly, not only are POMC together with MC1R, MC4R, and MC5R expressed in the Japanese quail bursa Fabricius but also there are cells containing immune-reactive α -MSH (KOBAYASHI *et al.* 2007; 2009). In addition, α -MSH has been reported to increase primary cell-mediated immune responses of young red-legged partridges *Alectoris rufa* (MOUGEOT *et al.* 2012).

α -MSH and adipose tissue

There is evidence from in vivo and in vitro studies that α -MSH influences the adipose tissue of young chickens. In vivo administration of α -MSH to four day-old chicks is followed after one hour by increased the expression of CCAAT/enhancer-binding protein β (C/EBP β) in subcutaneous adipose tissue in a dose dependent manner (SHIPP et al. 2017). Moreover, there is increased expression of fatty acid binding protein 4 (FABP4), comparative gene identification - 58 (CGI-58), perilipin-1 (PLIN), melanocortin receptor 5 (MC5R) in stromal-vascular fraction of cells isolated from abdominal fat from 14 day-old broiler chickens treated with α -MSH (SHIPP *et al.* 2017). In addition, in vitro a-MSH increased glycerol-3-phosphate dehydrogenase activity in chicken adipose tissue (SHIPP et al. 2017). Arguably in an analogous manner, ACTH stimulated in vitro lipolysis by chicken adipose tissue (LANGSLOW and HALES 1969). The effects of α -MSH and ACTH are likely to be mediated via MC5R. What is unclear is the extent that α -MSH and ACTH interact with other hormones that influence adipose tissue metabolism. Consistent with effects of MSH on adipose tissue, ICV administration of α -MSH depresses the respiratory quotient (TACHIBANA et al. 2007).

A role for γ -MSH in the control of hormone sensitive lipase has been proposed (BICKNELL *et al.* 2009). Unfortunately, this has not been examined in birds as yet. MSH and eye functioning

There is evidence that α -MSH influences the avian eye with MCRs and α -MSH being expressed in cells in the chick retina (TESHIGAWARA *et al.* 2001). Moreover, α -MSH has been demonstrated to reduce glutamate excitotoxicity in the developing chick retina (ZHANG *et al.* 2015).

MSH and pituitary cells

 γ_3 -MSH increased intra-cellular calcium concentrations in a sub-population of pituitary cells (DENEF *et al.* 2003). What is not clear is the role of MSH in the control of pituitary hormone secretion.

MSH and other aspects of avian physiology

There is evidence that δ -MSH influences blood pressure, sodium balance and kidney function in mammals (NI *et al.* 2006; ChANDRAMOHAN *et al.* 2009; also see review HUMPHREYS 2004). The presence of an analogous role of δ -MSH in birds has not been examined. Administration of α -MSH *via* intracerebroventricular injection (ICV) did not increase heat production, oxygen consumption or locomotory activity in chicks (TACHIBANA *eet al.* 2007). What is needed is further research into the multiple roles of MSH.

Author Contributions

Research concept and design: C.G.S; Collection and/or assembly of data: C.G.S; Data analysis and interpretation: C.G.S, K.P.-K.; Writing the article: C.G.S; Critical revision of the article: C.G.S, K.P.-K.; Final approval of article: C.G.S, K.P.-K.

Conflict of Interest

The authors declare no conflict of interest.

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