Feeding Habits, Fine Structure and Microhabitat Preference of *Euthyplocia hecuba* (Hagen, 1861) (Ephemeroptera: Euthyplociidae) Nymphs from Honduras

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The Euthyplociid mayflies are tropical and subtropical Ephemeropteran group. The aim of this study was to augment knowledge on some aspects of the biology and ecology of *Euthyplocia hecuba* (Hagen, 1861) nymphs. Mayflies were collected in the Rio El Padre, located on the Caribbean slope of Honduras. Diet, microhabitat preference and some fine morphological aspects of the nymphs were examined. *E. hecuba* nymphs are very specialised organisms that occupy a specific ecological niche in the lotic/benthic community. Immature stages show an evident preference for life in soft and fine substrata. They are detritivorous burrowers that ingest large amounts of fine particles deposited by river flow in sedimentation areas. They show peculiar morphological adaptations for life in this particular substratum, such as mouthparts modified for digging and collection of fine organic sediments, digging legs with shovel-like tibiae and massive femora, and filamentous gills.

Key words: *Euthyplocia hecuba*, Euthyplociidae, Ephemeroptera, neotropics, ecology, morphology.

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The Euthyplociidae are a tropical and subtropical Ephemeroptera group. Currently some authors consider this group as one of six subfamilies of the family Polymitarcyidae (MCCAFFERTY 1991; NGUYEN & BAE 2003), while other authors elevate this taxon to the family level (PETERS & CAMPBELL 1991). In Central America there are two genera in this group: *Euthyplocia*, reported from Belize, Costa Rica, Guatemala and Panama, and *Campyllocia*, reported from Costa Rica (NARANJO & TERUEL 2001).

*Euthyplocia* is a small genus, composed of only four species: *E. hecuba* (Hagen, 1861), *E. haenshi* (Ulmer 1942), *E. intermedia* (Demoulin 1952) and *E. inaccessible* (Kluge & Naranjo 1994). After the pioneering studies of DEMOULIN (1952, 1966), BERNE and THEW (1961) and others, studies concerning this group have been mainly taxonomic and based on “classical” entomological descriptions. Recently, SWEENEY et al. (1995) studied the life history characteristics of *E. hecuba*, investigating larval development and seasonal emergence. This work provided the first evidence for semivoltinism in the tropical mayfly. The aim of this note is to augment the information on these tropical mayflies using gut content examination, direct observation in the field, and ultrastructural SEM analysis.

Material and Methods

The study was conducted in the Rio El Padre (16P0536344 UTM 1732416), a tributary of Rio Cangrejal, Honduras (Fig. 1). The Cangrejal district, situated on the Caribbean coast of Honduras, is one of the areas of greatest ecological integrity.
of Central America and is characterized by a humid tropical climate and intense precipitation (FENOGLIO 2005).

Feeding habits

To investigate the diet, the contents of alimentary canals were analysed using the transparency method for slides according to C. L. Bello (FENOGLIO & TIENRO DE FIGUEROA 2003). Eight specimens were kept in vials containing Hertwig’s liquid (a variation of Hoyster’s liquid – FENOGLIO et al. 2007) and placed in an oven for 24 hours at 65°C. Then they were mounted on slides with Fau- re’s liquid and examined with transmitted light with an Axiovert 100M microscope. For each specimen, the absolute content percentage of the gut was measured (calculated as the percentage of occupied area in the gut – 40x), and the typology and the relative importance of the different food items was assessed (400x).

Microhabitat preference

A total of 12 Surber samples (area 0.06 m², mesh 250 μm) were collected from a 50-m long stretch of the Rio El Padre on a single occasion (8 July 2005), to minimize temporal variation of invertebrate distribution. Water temperature was 28.5°C, pH was 7.7 and dissolved oxygen was 23.1 mg/l. Benthic invertebrate samples were fixed in ethanol (75%) and subsequently examined in the laboratory with a stereoscopic Nikon SMZ 1500 microscope (20/90 X). To investigate spatial distribution patterns, current velocity, water depth and distance from the nearest stream bank were measured at each Surber sample. Percentages of different substratum sizes (boulders >25-45 cm, >cobble 6-25 cm, >gravel 6-60 mm, sand 0.06-6 mm, silt <0.06 mm) were recorded and current speed was determined at each point. Statistical analysis of the relationships between invertebrate distribution and the selected environmental parameters was performed with Principal Component Analysis (PCA) and Canonical Correspondence Analysis (CCA).

Ultrastructural analysis

We analysed mouthparts, legs and tracheal gills of Euthyplocia hecuba nymphs using a Jenalumar...
(Zeiss Jena) light microscope (LM) and a scanning electron microscope SEM JEOL 5410, 25 kV. The material for SEM was dehydrated in a series of ethanol and acetone, dried at the critical point of CO₂ and coated with gold.

Results

Feeding habits and microhabitat preferences

The guts of eight specimens were examined. None were empty, on the contrary all guts showed high absolute content percentages: mean percentage of occupied area was 88.7, with a minimum of 80% and a maximum of 100% of total gut area. Microscopic analysis revealed that all nymphs had fed on fine detritus. Guts were filled with fine organic and inorganic particles, with the sporadic occurrence of diatoms (found in two guts). Quantitative sampling was performed for the assessment of habitat preferences, collecting a total of 792 organisms and 24 taxa (Table 1). The invertebrate assemblages within the examined stream section were characterized by noticeable spatial variation: both invertebrate density and taxonomic richness increased with increasing current velocity (Pearson’s correlation $r = 0.89$, $P < 0.001$) and riverbed component dimensions (Fig. 2): coarse sediment with rapid current was inhabited by richer communities of stream invertebrates, as reported in other studies in Neotropical streams (FENOGLIO et al. 2004). A sandy substratum was inhabited by a few specialised taxa: in this context, we detected a clear microhabitat preference of *Euthyplocia* nymphs for depositional areas, with fine elements (Fig. 3); interestingly, sediments inhabited by *Euthyplocia* nymphs seem to be well oxygenated, without hypoxia or anoxia conditions.

Table 1

Benthic invertebrates found in the stream stretch inhabited by *E. hecuba* nymphs, with main Functional Feeding Groups (FFG: collectors-gatherers – Cg, filterers – F, predators – P, scrapers – Sc, shredders – Sh)

<table>
<thead>
<tr>
<th>Taxa</th>
<th>FFG</th>
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<td><strong>Plecoptera</strong></td>
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| Perlidae        | Anacronuria sp. | P
| **Ephemeroptera** |         |
| Heptageniidae   | Stenonema sp. | Sc
| Baetidae        | Camelobaetidius sp. | Cg
| Baetis sp.      | Baetis sp. | Cg
| Leptophyphidae  | Leptophyes sp. | Cg
| Leptophilebidae | Thraulodes sp. | Cg
| Euthyplociidae  | Euthyplocia hecuba | Cg
| **Trichoptera** |         |
| Hydropsychidae  | Smicridea sp. | F
| Leptonema sp.   | Leptonema sp. | F
| Chimarra sp.    | Chimarra sp. | F
| **Coleoptera**  |         |
| Elmidae         |         | Sc
| Psephenidae     |         | Sc
| **Diptera**     |         |
| Chironomidae    |         | Cg
| Simulidae       |         | Cg
| **Odonata**     |         |
| Libellulidae    | Macrothemis sp. | P
| Mithyria sp.    | Mithyria sp. | P
| Coenagrionidae  | Argia sp. | P
| Platystictidae  | Palaemnema sp. | P
| Calopterygidae  | Haeterina sp. | P
| **Hemiptera**   |         |
| Naucoridae      | Cryphocricos sp. | P
| **Lepidoptera** |         |
| Pyralidae       | Petrophila sp. | Sc
| **Megaloptera** |         |
| Corydalidae     | Corydalus sp. | P
| **Annelida**    |         |
| Lumbriculidae   |         | Cg
Fig. 2. Principal Component Analysis (v – current velocity; d – distance from the nearest bank; h – water height above riverbed; N – invertebrate abundance; S – taxonomical richness; Boulders – % of boulders in the substratum; Cobbles – % of cobbles; Silt – % of silt; Sand – % of sand; Gravel – % of gravel).

Fig. 3. Canonical Correspondence Analysis ordination of macroinvertebrates and microhabitat characteristics in Rio El Padre (v – current velocity; d – distance from the nearest bank; h – water height above riverbed; Boulders – % of boulders in the substratum; Cobbles – % of cobbles; Silt – % of silt; Sand – % of sand; Gravel – % of gravel).
Ultrastructural analysis

Mouthparts: some interesting peculiarities were evidenced by the SEM analysis. First, all components of the mouth show high densities of long and fine bristles (Figs 4, 5, 6). They cover extensive areas of maxillae, mandibles and labial palps. The elongated and scimitar-like mandibles are equipped with long bristles and two lines of short and robust spikes (Fig. 7) that run along the external edge of the mandible.

Legs: some interesting elements were found on pronotal and metanotal legs. The foreleg (Fig. 8) is very robust and compact, with tibia showing a sharpened appendix, tarsus reduced and mainly constituted of a compact third tarsomerus and claw. The hindleg is characterised by a massive femur (Fig. 9) and robust tarsus and claw.

Figs 4-7. Euthyplocia hecuba nymph, light microscope (LM) and scanning electron microscope (SEM) studies. Fig. 4. Dorsal view of the head. LM. Bar = 1 mm. Fig. 5. Ventral view of the head. LM. Bar = 1 mm. Fig. 6. An enlarged fragment of the head; ventral view. Note mouthparts characterised by long bristles. SEM. Bar = 600 μm. Fig. 7. A fragment of the mandible. Note the spiny-like dagger and a long bristles. SEM. Bar = 180 μm.

B – bristle; M – mandible; MxI – maxillae I; MxII – maxillae II; S – spiny-like dagger.
Gills: Tracheal gills are located along the sides of abdominal segments. *Euthyplocia* nymphs have filamentous gills, constituted by a triangular, elongate, dagger-like structure with two lateral lines of long filaments (Fig. 10).

**Discussion**

In this study several characteristics of *Euthyplocia hecuba* nymphs were analysed. The results corroborate previous findings (Sweeney et al. 1995), showing that the diet of these organisms is based on the ingestion of large amounts of organic sediment. All guts examined were filled with sediment; the need to acquire large amounts of detritus probably stems from the low energetic value of this aliment. On the contrary, Sweeney et al. (1995) reported that *E. hecuba* nymphs were almost always associated with the underside of small to large cobbles that were embedded about 25% or more into sandy substrate, however, they collected larvae by inspecting only coarse substrata. In this study, larvae were mostly found in sandy banks, either in the middle or in the lateral parts of the riverbed. In this substratum they are able to excavate tunnels and pass through fine substrata, thanks to particular morphological adaptations. The ultra-structural analysis suggested that digging is facilitated by the presence of: (1) long and curved mandibles, with lateral lines of robust tooth-like appendices, useful for moving fine elements of soft-bottom habitats; (2) compact and shovel-like tibiae and robust claws; (3) massive femora of hindlegs, allowing a powerful shove into the sediment. In this context the presence of fine and large bristles on the different elements of the mouth apparatus facilitates the collection of larger quantities of fine detritus deposited in the hydrologically quiescent areas of the riverbed. The long bristles present on the mandibles and on other mouthparts create a conic-shaped net structure that intercepts and conveys fine particles of organic detritus. Recent studies performed in temperate (Statzner & Holm 1982; Jażdżewska 1997) and tropical (Feno glio et al. 2004) lotic environments have
demonstrated that sand is a biologically poor substrate, probably because of its instability and also because tight packing of sand grains reduces the trapping of organic detritus and limits the availability of oxygen. Also in this study, benthic invertebrate abundance and taxonomic richness was higher in coarse substrata and lower in fine ones. To survive in depositional environments, away from turbulent, fast-flowing and well-oxygenated waters, this group of mayflies has evolved particularly adapted morphological elements, among which lamellar gills play a key role. While rheostenic and rheophilic mayflies, such as Heptagenoidea, have lamellar gills surrounding numerous, long filaments enlarging the surface of gas exchange. Filamentous tracheal gills usually have greater respiratory efficiency than lamellar tracheal gills due to tracheoles found in the respiratory epithelium directly under the cuticle (Wichard 1979) that run parallel to each other along the longitudinal axis of the filaments.

Immature stages of Euthyplocia are highly specialised organisms, with adaptations for life in a specific river microhabitat.

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References


