### Products and Biopreparations from Alkaloid-rich Lupin in Animal Nutrition and Ecological Agriculture

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This paper presents a new approach to utilization of alkaloid-rich lupin as a high protein and ecological plant. After processing of bitter lupin seeds, many valuable products are obtained, i.e. protein concentrate, high dietary fiber product, raffinose family oligosaccharides (RFOs), and lupin extract. The described debittering process is fully ecological without waste and all obtained products may be utilized in different domains. Therefore, (i) the lupin protein concentrate may be a soybean substitute for feeding animals. (ii) high dietary fiber product improves rheological properties of dough and quality of bakery products, (iii) RFOs are prebiotics, (iv) lupin extract may be used for ecological plant cultivation, as a plant protection preparation and as a medium for the production of yeast, gibberellic acid (GA<sub>3</sub>), etc.

Key words: Lupin, proteins, dietary fiber, RFOs, biopreparations, yield factors, prebiotics.

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One of the main questions of the contemporary world is deficiency of protein concentrates necessary for the production of fodder as well as chemicalization of agriculture that brings about ecological problems. The deficiency of protein, among other things, is caused by intensification of animal production as well as increase of production of low protein content grains and energetic carbohydrate fodders. Presently, in some countries, environmental pollution (water, air, soil) caused by gigantic development of the industry, production and widescale application of chemical preparations in different branches of economy is undoubtedly a menace to human existence. The response of man to the destruction and degradation of his natural environment is the creation of widespread ecological movements, green parties, ecological programs and actions in favor of the environment. One of the programs of the ecological movement is the development of agriculture based on natural products and biological preparations utilized in nutrition and plant cultivation and protection.

#### 1. Lupin as a protein-rich and ecological plant

Lupin, in particular its alkaloid-rich cultivars, may play a very important role in this program. The features distinguishing lupin from other plants in this respect is as follows: (i) it is important from the economic point of view, (ii) it has modest soil and climatic demands, (iii) it does not need nitrogen fertilization, (iv) it provides live nitrogen and significant organic mass in soil after harvest, (v) it improves air-water conditions of soil, (vi) it provides access to macro- and microelements eluted to a sublayer of soil.

80 years ago, when studies of von Sengbusch resulted in the first sweet (alkaloid-low) lupin cultivars, the problem of total utilization of this plant seemed to be solved, and a balanced protein deficiency was merely a question of time. From our time perspective, these expectations have not been confirmed in practice. The lupin alkaloid problem remains the subject of numerous papers and a topic

of wide discussions. On the other hand, numerous investigations have shown that the removal of alkaloids from lupin caused a decrease in resistance and yield in these plants (BACKER & NEHRING 1965; WINK 1984; KAHNT & HIJAZI 1987; KRZYMAŃSKA et al. 1988; VON BAER et al. 1990; GULEWICZ et al. 1994). The enormous vitality of bitter cultivars confirmed the expansion of the Russel lupin in New Zealand. This lupin, introduced in 1952 as an ornamental plant, rapidly spread over the whole southern region of the island and presently constitutes a potential fodder base (SAVAGE et al. 1990). In spite of considerable progress in the breeding of sweet cultivars, bitter lupin still plays a substantial role in the protein balance of some countries.

## 2. Debittering process of alkaloid-rich lupin seeds

Seeds of various species of lupins have been used as food for over 3000 years around the Mediterranean (GLADSTONES 1970) and for as much as 6000 years in the Andean highlands (UAUY et al. 1995). People used to soak the seeds in running water to remove most of the bitter and toxic alkaloids and then cook or roast the seeds to make them edible (HILL 1977). Unfortunately, this mode of debittering led to removal of the valuable biological compounds that were significant from an economic point of view. This important problem was resolved with a method described by GULEWICZ 1988, 1991a, 1991b; GULEWICZ et al. 2000. A general scheme of this process is presented in Fig. 1. The main products of this process are protein concentrate (PC), high dietary fiber product (HDFP), lupin extract (LE), and raffinose family oligosaccharides (RFOs).

## 3. Utilization of lupin protein concentrates in animal feeding

The economic significance of the lupin plant as a source of high-protein fodder arises from its modest soil requirement and tolerance of acidic conditions. An interesting feature of lupin is its high protein content and very low content of antinutritional factors, such as phytate, tannins, lectins and protease inhibitors. Moreover, the alkaloids in modern varieties of sweet lupin have been reduced to a very low level (HANCOCK 2003). The content of crude protein in the seeds of different species of lupin (HANCOCK 2003): L. angustifolius (28-38%); L. albus (34-45%), and L. luteus (36-48%) is similar or higher in comparison with soybean (35-40%). Lupin seeds contain two classes of proteins which, according to Osborne's classification, belong to the albumin and globulin fractions. The net protein

utilization of lupin was 77% that of egg protein (EGANA *et al.* 1992) and the protein isolate from lupin seeds showed good foaming activity, comparable to egg white (YOSHIE-STARK *et al.* 2004).

Lupin proteins appear to have interesting properties. An *in vitro* study demonstrated the hypocholesterolemic activity associated with stimulation of LDL receptor by a well-defined protein component of the lupin seeds (SIRTORI *et al.* 2004). The addition of lupin to the nutritional dose is ecological since it reduces methanogenesis, thus indirectly contributing to the reduction of greenhouse gas emission (ZAWADZKI *et al.* 2004).

Lupin seeds supplemented with methionine are an essential source of protein in the diet of nonruminant animals, chicken (ERICSON 1985; RUBIO et al. 2003), and pigs (LIEBHOLZ 1984). The content of lupin in appropriately composed fodder of ruminants is unlimited. The addition of yellow lupin seeds to the ruminant fodder has a positive influence on the fermentation process in their rumens, shown by a significant increase of the level of total protein, ammonia and lactic acid, especially after the introduction of higher doses of lupin (ZAWADZKI et al. 2004). Lupin protein may become a nutritional alternative which will substitute animal-origin fodder (SUDARYONO et al. 1999).

The protein concentrates obtained during the debittering process were also the object of studies for many feeding experiments (KARASIŃSKI *et al.* 1988; BEDNARCZYK *et al.* 1989; POTKAŃSKI *et al.* 1992a, 1992b). These experiments conducted on different animals, i.e. ducks, piglets, pigs showed that lupin protein allows for the production level comparable to the control groups where soybean was used as a protein source.

# 4. Effect of high dietary fiber product on rheological properties of dough and quality of bakery products

As showed in the studies of CIERNIEWSKA et al. 1996, the seed cover of Lupinus albus after the debittering process contains 89.04% of nonsoluble dietary fiber (NSDF). The main component of NSDF is cellulose (79%). Other, i.e. hemicellulose and lignin, remain at levels of 14 and 7%, respectively. The assessment of suitability of high dietary fiber product and its utilization as a valuable source of dietary fiber was carried out in experimental baking, where 10, 15 and 20% additions of HDFP to the wheat dough were used. It was found that the contribution of HDFP in mixture with wheat flour affects an increase of water absorbability in comparison to the control dough. Also, the advantageous effects of HDFP on rheological properties of dough such as its development, time

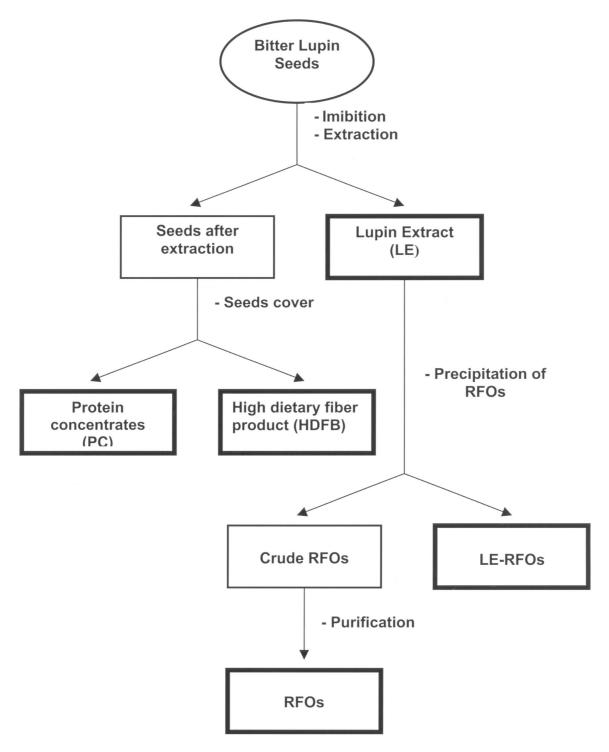


Fig. 1. General scheme of bitter lupin seeds processing.

stability, and index tolerance to kneading were observed. The best organoleptic effect was obtained when a 10% addition of HDFP was used. Furthermore, a delicate structure of crumb was observed. The contribution of HDFP to bread production essentially affected its nutritive value change. On the other hand, an increased dietary fiber rich in nonand soluble substances is very important from dietary point of view.

## 5. Lupin extract is an important product and raw material in different branches

The lupin extract, that is a by-product of the debittering process, is a rich source of many valuable natural products such as RFOs, alkaloids, free amino acids, peptides, non-volatile organic acids, derivatives of benzoic, phenylacetic and cynamic

acids, derivatives of coumarin, aliphatic acids, iso-flavonoids and mineral compounds (GULEWICZ 1988; MARKIEWICZ et al. 1988; STOBIECKI et al. 1993). Studies on the toxicity of different lupin extracts, in case of which the extracts were applied to the stomach of mice and rats, showed that they are non-toxic. Moreover, the studied extracts do not have any cytotoxic effect, as shown in the tests on the viability of mouse thymocytes (STOBIECKI et al. 1993; SZCZAWIŃSKA et al. 1994). Such lupin extract rich in non-toxic natural products resulted in wide application in different branches.

#### 5.1 Effect of lupin extract on the plants

One of the directions of research on the utilization of lupin extract was the determination of its effect on the development and yield of various plants. These studies have been performed in field experiments for three years on such plants as wheat, triticale, barley, sugar beet root, fodder beet root, winter rape, potato, cucumber, and tomato. The plants were sprayed with doses of 5 - 10 kg of extract dry weight per hectare (CwoJDZIŃSKI et al. 1989a; POLCYN 1995). In all cases, the extract beneficially influenced yield, although it varied for the tested plants. The highest increase of yield was observed for wheat, triticale, sugar beet root, winter rape, and potato (ca. 24%), while the lowest for fodder beet root (ca. 10%). These results are in accordance with the results reported by KAHNT and HIJAZI 1987,1991, which used Lupinex - water aqueous lupin extract. CWOJDZIŃSKI (et al. 1989b) and MICHALSKI (1991) also showed that leaf spraying leads to an essential increase of protein yield and has a beneficial effect on the nutritive value of protein (NPU, Dt, BV). STOBIECKI and GULEWICZ (1991) isolated from lupin an extract fraction called A<sub>4</sub> containing glycosides, nucleosides of purine and pyrimidine bases that strongly stimulated the development of plants (PERETIATKOWICZ et al. 1994). These results were confirmed by PRZYBYLAK et al. 2005 showing that the removal of raffinose family oligosaccharides from extract of Lupinus exaltatus does not have any effect on the development and yield of paprika. The studies of CWOJDZIŃSKI et al. (1996) on the effect of lupin extract on the accumulation of nitrate by the root of carrot (Daucus carota) clearly showed that the extracts affect the processes connected with collection and accumulation of nitrates by plants, resulting in a decrease of the level of these compounds. These results were confirmed by POLCYN (1995), who studied the effect of lupin extract on accumulation of nitrate in cucumber (Cucumis sativus L.). Up to now, studies of the effect of lupin extract on plants have shown that the compounds presented in the extract

beneficially interact with photosynthesis, resulting in a more intensive green color of the plants and prolongation of vegetation time of the plants treated with the extracts (CWOJDZIŃSKI et al. 1989a; GULEWICZ et al. 1994). It is well known that photosynthesis has an essential effect on speed reduction of nitrate that is connected with activity of nitrate reductase. Owing to this, intensive photosynthesis creates unbeneficial conditions for the accumulation of nitrate by plants. Obviously, such interpretation of the mechanism of lupin extract interaction may be so far considered hypothetical requiring sound evidence. Studies in this field should include a series of factors that directly affect photosynthesis, i.e. humidity, light, type of soil and content of nutrients.

#### 5.2 Lupin extract in plant protection

In a search of a new non-chemical mode of plant protection, attention is paid to biological methods such as utilization of natural resistance of plants or secondary metabolites, e.g. lupin alkaloids that are a "chemical weapon" of plants (BACKER & NEHRING 1965; WINK 1984). This assumption has been confirmed by numerous phenomena, i.e. higher resistance of bitter lupins to infection, recurring increase of alkaloid content in stress conditions, e.g. mechanical damage of plants. The studies of KRZYMAŃSKA (1967) on the role of alkaloids in the resistance of some lupin varieties against pea aphid (Acyrthosiphon pisum Harris) clearly confirmed their inhibiting influence on the development of this pest population. The abovementioned studies initiated experiments on the effect of lupin extract on the feeding and development of potato-beetle population. The selection of insects was not accidental since it greatly damages potato cultivation causing considerable economic waste. In the climatic conditions of Poland, a number of larvae in L<sub>4</sub> phase are generally a decisive factor in potato-beetle harmfulness. These larvae need about 80% of the nourishment required by L<sub>1</sub> L<sub>2</sub> and L<sub>3</sub> larvae together. The studies of KRZYMAŃSKA et al. (1988) showed that lupin extract causes important inhibition of the development of potato-beetle larvae L<sub>2</sub> phase and that the level of action depends on alkaloid content. In experiments on the feeding preference of adult insects, in the first stage, the beetles chose the non-sprayed leaves. After 48h, all of the nonsprayed leaves were eaten, while the leaves sprayed with lupin extract were not attacked by insects. WYROSTKIEWICZ et al. (1996) observed reduced feeding behaviour of the colorado beetle and the large white butterfly under the influence of alkaloid lupin fractions A<sub>1</sub> and A<sub>5</sub> obtained by the method described by STOBIECKI et al. (1993). The

extract from Lupinus angustifolius and fractions A<sub>1</sub> and A<sub>5</sub> also inhibited the feeding of large white butterfly larvae. The extracts reduced the populations of butterfly parasitoid (Apanteles glomeratus L.). The effect of lupin extract and its alkaloid fractions  $A_1$  and  $A_5$ , on feeding and development of Pieris brassicae L. and Pieris rapae L. was a subject of the FOLKMAN'S et al. (2002) studies. The results showed that in the case of large cabbage white fraction  $A_1$  was the most efficient preparation that resulted in a low level of feeding, high value of absolute deterrence factor, low weight of pupae, and low rate of transformation of larvae into pupae. Lupin extract (non processed) stimulated feeding of large cabbage white larvae, which resulted in negative value of the deterrence factor (-9.8090), high weight of pupae, and rate of transformation. The weight increase of small cabbage white larvae was the lowest in the case of the  $A_1$  fraction, however, it was not correlated with the amount of the eaten feed (ADF=1.247). Feeding with cabbage sprayed with A<sub>1</sub> fraction and extract as well as 13hydroxylupanine perchlorate caused damage to pupae of small cabbage white. There is no significant influence of the used alkaloid perchlorates on feeding and development of the tested species. Owing to this, an active substance, but only in a form acceptable by pest, is able to perform strong biological activity analogously to the dependence of drug efficacy upon its formula. Finding in lupin extract a system that enables the activation of the genes of proteinase inhibitors and other proteins suggest that this polypeptide, besides alkaloids, may play a major role in the defence of various plants against insects as well (RADŁOWSKI et al. 1997).

The studies of SAS-PIOTROWSKA et al. (1996) on the growth and development of phytopathogenic fungi that affected potato leaf diseases (Alternaria solani, Cladosporium herbarum, Collectotrichum coccodes, Verticillium alboatrum) and also the studies on the fungi that affected potato tuber diseases (Fusarium coerelueum, Fusarium sulphureum, Phoma exigua var. foveata, Phoma exigua var. exigua, Rhizoctonia solani) on the media supplemented with extracts from Lupinus albus, Lupinus luteus, Lupinus angustifolius and its alkaloid fractions A<sub>1</sub> and A<sub>5</sub> confirmed fungistatic effect of the used preparations. The activity of the preparations on the leaf pathogens was stronger that on potato tuber pathogens. The strongest effect of the alkaloid fractions was noted for the colonization of potato leaf fungi. An interaction between pathogen species and type preparation was observed. These studies show that the lupin extracts may be potential ecological preparations in plant protection.

TYSKI et al. (1988) observed full inhibition of bacterial (B. thuringensis, B. subtilis, S. aureus)

growth at concentrations of lupin extracts of 5 to 10 mg/ml for the assay. This is equivalent to the concentration of the major alkaloids in the extract – e.g. lupanine, about 2.5 mM. At similar concentrations, nearly complete inhibition of the translation process was observed (KORCZ et al. 1987). The coincidence of the observed effects, namely a bacteriostatic and an inhibitory effect at the same molar concentration of alkaloids, appears interesting. This is a concentration of about 1 order of magnitude below the physiological concentration of alkaloids in the seeds (WINK et al. 1984).

#### 5.3 Pharmacological properties of lupin extract

The effect of extract from Lupinus angustifolius L. on arterial blood pressure, bioelectrical activity of heart, motor activity as well as its hypnotic activity constituted a subject of several papers (SZCZAWIŃSKA et al. 1994; ALI 1996; BOB-KIEWICZ-KOZŁOWSKA et al. 2005). It was shown that the lupin extract, despite considerable content of alkaloids (about 11% dry weight), shows a significant decrease of arterial blood pressure of rats in the doses of 1/40 and 1/20 of LD<sub>50</sub>. The extract demonstrates a barely perceptible influence on bioelectrical activity of the heart (the pulse per minute decreased in a period of 30-60 min of observation time). The lupin extract decreases the motor activity of rats, however, hypnotic activity was not observed. In search of the compounds responsible for the effects on the cardiovascular system and central nervous system, only 13-hydroxylupanine succeeded in attenuating the heart rate and only sparteine was affected by inhibiting locomotor activity. On the basis of the obtained results, it can be concluded that not only alkaloids, but other compounds of lupin extract might be involved in the pharmacological lupin seeds extracts. The studies of BŁASZCZYK et al. (1994) on the influence of lupin extracts on immunotropic properties showed that the extracts from bitter and sweet lupin seeds possess immunosuppressive activity in rosette forming cells (E-RFC). It has been proven that the procedure used in utilization of lupin protein is very advantageous because it simultaneously allows the removal of substances which are responsible for decreasing the resistance of the animal organism.

Previous research on the pharmacological activity of lupin compounds have been restricted to pure alkaloids (NOWACKI & WEZYK 1960; MAZUR et al. 1966ab). Unfortunately, the method of their isolation, as well as the form in which they were administered to the animal, may give rise to factual doubts. In contrast to the "pure alkaloids", the extract is a pool of native, mutually interacting native compounds of low toxicity. Thus, studies on the

pharmacological activity of the extract and its fractions are currently carried out in many laboratories and should supply a comprehensive answer for its possible applications in the pharmacological industry.

#### 5.4 Lupin extract in biotechnology

In the industrial biosynthesis of protein yeast, constituting a rich source of easy bio-availability of protein, vitamins of B group and mineral salt, are utilized most frequently. Up to now, the main raw material in yeast production has been beet molasses, vinase, sulfite liquors, wood hydrolysate, whey and other products of the agricultural industry. The studies of TROJANOWSKA et al. (1991) on utilisation of lupin extract showed that this byproduct may be a valuable raw material in yeast production. It was shown that lupin extract used as a culture medium for 22 strains of yeast caused the production of biomass on a different level. Simultaneously, 5 yeast strains were found (Rhodotorula rubra, Torulautilis, Torula cremoris, Torulopsis utilis and Ja 36) for which lupin extract was an excellent cultural medium for the production of biomass. Furthermore, these studies show that the obtained biomass contains ca. 40% of protein in d.w. and that digestibility was on the level of ca. 82%. This protein also showed a rich amino acid composition and all of its technological parameters corresponded to the Polish norms of yeast fodder.

The studies of GULEWICZ *et al.* (1994) showed that lupin extract may be a promising medium for gibberellic acid (GA<sub>3</sub>) production by *Fusarium moniliforme* competitive with many other media which have been used for that purpose.

The influence of different concentrations of lupin extract on cultivar P-20 of *Pleurotus ostreatus* mycelium was the subject of GAPIŃSKI'S *et al.* (1996) studies. The experiment was done on agaragar and wheat straw chaff basis. The addition of mycelium agar of lupin extract had a profitable influence on the growth of *Pleurotus ostreatus* mycelium. The growth of the mycelium depended on the level of the lupin extract used. The addition of lupin extract to sterilized wheat straw had no effect on mycelium *Pleurotus ostreatus* growth. The alkaloids presented in the lupin extract had no inhibitory effect on the development of mycelium.

#### 5.5 Prebiotics from lupin extract

As shown earlier (GULEWICZ 1988; MARKIE-WICZ *et al.* 1988), the main components of lupin extract are raffinose family oligosaccharides (RFOs) – ca. 50% in dry weight. Although RFOs

perform a very important physiological function from the nutritional point of view, RFOs are considered as antinutritional factors because they are not hydrolyzed by mucosal enzymes in the small intestine of monogastric animals. They are fermented in the large intestine with liberation of gas causing arduous flatulence (CRISTOFARO et al. 1974; SAINI & GLADSTONES 1986; PRINCE et al. 1988). The opinion about the total function of RFO in nutrition has recently changed due to the elaboration of a simple and rapid method of their isolation and purification from legume extracts, including lupin one (GULEWICZ et al. 2000; MAR-TINEZ-VILLALUENGA et al. 2004). It allows for wide studies of these sugars in terms of their prebiotic activity. The investigations on the effect of lu-RFO preparations on a number of bifidobacteria performed on rats and chicken (GULEWICZ et al. 2002; LISOWSKI et al. 2003), as well as on a chicken embryo model (VILLALU-ENGA et al. 2004; PILARSKI et al. 2005), showed that these short chain sugars have prebiotic activity comparable to well known commercial preparations: fructooligosaccharides (FOS) and inulin. Although these studies do not show the beneficial effect of the tested oligosaccharides injected in ovo on chicken broiler meat traits, the fact of maintaining high bifidobacteria number during the experiment has multi-way health importance. As it is known, oligosaccharides as prebiotics contribute to health in many ways: (i) they influence proliferation of bifidobacteria and reduce detrimental ones; (ii) they reduce toxic metabolites and detrimental enzymes; (iii) they prevent pathogenic and autogenous diarrhea; they prevent constipation by stimulating intestinal peristalsis and by increasing faecal moisture with osmotic pressure; (iv) they alleviate the detoxifying load of liver; (v) they reduce the serum cholesterol level; (vi) they reduce blood pressure; (vii) they show anticancer activity; (viii) they influence production of vitamins  $B_1$ ,  $B_2$ ,  $B_6$ ,  $B_{12}$ , nicotic and folic acids (AMMERMAN *et al.* 1988; BAILEY et al. 1991; CHOI et al. 1994; WAL-DROUP et al. 1993; TOMOMATSU and papers cited therein, 1994). In the light of our studies, the application of oligosaccharides to the chicken diet can be successfully replaced by injecting these compounds in ovo in very low doses. Moreover, taking into consideration health care only, this approach is of high significance and, therefore, cannot be disregarded.

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